

# ENHANCED VISION WELLNESS OPTIONS

Please note, this document is simply an acknowledgment of the enhanced screening options our office provides, and is no way a consent to the test(s) outlined below. These options will be reviewed with you again at the time of your exam.

## 1) Digital Retinal Photography

**Purpose:** These images are vital in helping the doctor **assess your risks for serious diseases** such as diabetes, glaucoma, macular degeneration, high blood pressure, etc. These conditions can lead to serious health problems, including partial loss of vision or blindness, and often develop without warning and progress without any symptoms. Digital Retinal Photography **often eliminates the need for pupil dilation**.

**Recommended Frequency: Yearly (minimum) for every patient.** These images become a permanent part of your medical file, providing comparisons for tracking and diagnosing potential eye diseases.

**Cost:** Insurance typically does not yet cover any advanced screening technology beyond the general exam. However, this is available as an enhancement to the general eye exam for a **fee of \$25**.

## 2) Spectral Domain Optical Coherence Tomography (SD-OCT)

**Purpose:** SD-OCT offers an opportunity to detect signs of vision threatening disease decades earlier, when it is most treatable. The greatest advancement in eye care technology in the last decade, SD-OCT scans the eye like an MRI, is totally painless and takes seconds to perform. The SD-OCT provides high definition cross sections of your retina in stunning detail and can be elected as part of your routine exam to **catch what is invisible with traditional examination methods (i.e. dilation/retinal photography)**.

**Recommended Frequency: Baseline SD-OCT for every new patient.** For future visits, you and your doctor will determine the frequency of this screening test based upon today's SD-OCT results.

**Cost:** This test is available as an enhancement to the general eye exam for a **fee of \$30**.

## 1 & 2) Complete Vision Wellness Screening (Digital Photography & SD-OCT)

**Purpose: *\*\*Our doctors highly recommend this complete baseline screening for ALL patients as the most comprehensive assessment of eye health currently available.\*\****

**Cost:** This complete screening option is available as an enhancement to the general eye exam for a **fee of \$45**.

## 3) Dilation

**Purpose:** Every comprehensive examination includes an examination of the internal structures of the eye. Dilation is a component that provides your doctor a **high definition view of certain parts of the interior of the eye**. Sometimes this additional test is necessary when an irregularity is discovered during our screening or exam testing. Dilation involves the use of medicated eye drops to enlarge the pupil size of a patient. The **side effects of dilation include blurry vision, light sensitivity, and headaches, along with difficulty reading, using computers, and driving**. These side effects typically last from 4-8 hours. Dilation will increase your exam time by 10-30 minutes or require an additional office visit.

**Recommended Frequency:** The recommended schedule for dilation is dependent on a variety of factors including age and ocular health. In many cases, Digital Retinal Photography may reduce the need for dilation. In other cases, our doctors may strongly recommend dilation.